



spring dream check-up

**section one:**  
**where am i thriving? what seeds are sprouting beautifully?**

**list: dreams for me to continue nurturing**

**plan: what do these dreams need to continue to thrive and how will i give it to them?**

creating  
dreams  
come true  
a creative adventure

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**section two:**

**where am i struggling? which seeds aren't coming up (yet)?**

**list: seeds to plant again**

**plan: how am i going to plant them? what can i do to get these dreams moving and how will i do it?**

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**section three: is there anything unwanted starting to sprout?**

**list: areas where weeding is necessary**

**plan: what will it take to remove these weeds? how will i do it?**